County Commissioners of Kent County, MD * Department of Parks & Recreation

11041 Worton Rd., P.O. Box 67, Worton, MD 21678 * info@KentParksAndRec.org KentParksAndRec.org * Facebook.com/KentCountyCommunityCenter

Youth Swim Lesson Registration

Please note that this may be the initial registration form, and depending on the program, additional forms may be required.

Your spot will be held pending the completion of the additional forms (if applicable).

Registration Policies:

1. Please complete one (1) registration form for each participant and mail with payment, or for a nominal fee, register online at KentParksAndRec.org or register in person at the Community Center (no form required).

2. Registration must be completed in its entirety to be accepted.

- 3. Registration is accepted on a first come first served basis.
- 4. Refunds for all programs are subject to a \$5 processing fee and may take up to two (2) weeks to process.

FOR OFFICE USE ONLY	
Date Received:	
Time Received:	
Staff Initials:	

ırticipan	t First	& Last Na	ame / Nick N	Name (if any)):				/	
M/F:		Age:	Date of	Rirth	/ /]	Email:				
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Parent/0	Guard	ian Full N	ame (if appli	cable):						
Physica	al and	Mailing A	ddress:							
	Ke ***	ent County	Resident:	Yes / No	City, St	ate:		Zip Co	ode:	
Home P	Phone:				Work Ph	none:		Cell Phone:		
Emerge Relation		ontact/					Phone Nu	ımber:		
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Does th	e nart	icinant tak	e any medic	ations? (If w	es, please list)	,				
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County Commissioners of Kent County, MD Department of Parks & Recreation



Youth Swim Lesson Skills Assessment

This form must be completed and submitted at time of registration in order to determine class time.

After review of this assessment by the Program Coordinator, a Parks and Recreation staff will contact the parent/guardian to advise of the class time the child will be assigned for the two-week program.

Child's First and Last Name:	
Age: Date	e of Birth:
Please check (1) box below that most accurately	describes your child's abilities. Only (1) box may be selected.
No formal introduction to swimming on any of the levels below	
	Beginner Unskilled Non-Swimmer
Knows basic water safety rules	Intomodiata
Knows how to use a life jacket	Intermediate
Can submerge mouth, nose and eyes	Introductory
Can open eyes underwater and pick up a submerged object Can swim on front and back using arm and leg actions	Shallow Water Non-Swimmer
Can recognize a swimmer in distress and get help	
Can exhale underwater	
Can float on front and back	
Can move in the water while wearing a life jacket	
Can submerge entire head	Intermediate
Can glide on the front and back	Fundamental
Can tread water using arm and leg motions	Shallow Water Comfortable
Can recognize a swimmer in distress and get help Can bob in water	
Can do a jellyfish float (in a ball)	
Can swim using combined stroke on front and back	
Can perform a reaching assist	
Can submerge and retrieve an object	Intermediate
Can glide on front and back	Stroke Development
Can do the back and front crawl	Shallow Water Comfortable
Can perform the kneeling or standing dive Can breathe side to side in horizontal position	
Can perform the survival float, back float	
Can do the butterfly kick and body motion	
Knows the rules of safe diving	
Can dive from the stride position or shallow dive	Advanced
Do survival float and back float	Stroke Development
Knows elementary backstroke	Chest-Deep Water Comfortable
Can perform breaststroke Can perform butterfly	
Can perform a throwing assist	
Can perform a throwing assist Can perform a feet-first surface dive	
Can do front and back crawl	
Survival Swimming	A J
Perform a standing dive	Advanced
Can do open turns on front and back	Stroke Development Deep Water Comfortable
Front and back crawl Can do Perform rescue breathing	Deep water Conflortable
Can perform tuck surface dive and pike surface dive	
Can perform tuck surface tive and pike surface tive Can perform front flip turn	
Can perform backstroke flip turn	

Can perform elementary backstroke

Can perform butterfly Can perform breaststroke